

# St. Mary's Church

## Teens under too much stress

As society is drastically changing adolescents are being put under more pressure than ever before. It has come to my attention, being a 17-year-old, that adults seem to believe that stress is the last thing on a teen's mind. When in fact, for most, it is the exact opposite. With exam time and university acceptances fast approaching the need to be "perfect" is constantly our main focus. Due to pressures from parents, teachers, peers and the media, we feel as if our best is just not good enough. Not to mention the added desire to maintain athletics, social status, hobbies, and grades all at once—still finding time for proper rest and diet.

If attention is not brought to this topic, the health risks that stress imposes on adolescents will increase dramatically. Anxiety, depression, and even eating disorders will continue to rise, causing the health of teens to plummet.

All adolescents yearn for encouragement and support. At arguably the most important stage of their life, teens require a society where the definition of perfect is exactly who they are, not what someone else wants them to be.

## Unknown

### First Communion

Today, at 2:30 p.m. we will have the first group of children receiving their First Communion. Congratulations to all the children and their families. May God Bless and guide them.

Next Sunday, April 19th, also at 2:30 p.m. we will have the second group of children receiving their First Communion.

### Confirmation

Next Sunday, April 19th at 4:00 p.m. we will have the rehearsal for all young adults receiving their Confirmation on Sunday, April 26, at 2:30 p.m.

### Santo Cristo Festival

Once again, we are preparing for the feast of Santo Cristo (Ecce Homo) which this year will be on the weekend of May 9 and May 10th.

All are welcome. Children that would like to take part in the procession as angels, please contact the office.

Rev. Msgr. Fernando Couto (Pastor)  
Rev. Fr. Benny Joseph (Associate Pastor)

### Parish Council

### Parish Finance Council

**Adoration of the Blessed Sacrament**  
First Friday of Every Month at 5:00 p.m.

**English Choir**  
Susan Taylor 416-531-0503

**Portuguese Choir**  
Ana da Silva 905-891-5444

**Santo Cristo**  
Artur Rocha 647-624-7113

**Santo Cristo Band (Hall)**  
Marco Lima (President) 416-703-2231  
416-818-5462

**Santo Cristo Association**  
Please contact the parish 416-703-2326

**Espirito Santo**  
Kevin & Christina Cordeiro 647-218-1601

**Saint Vincent De Paul** 416-247-8868

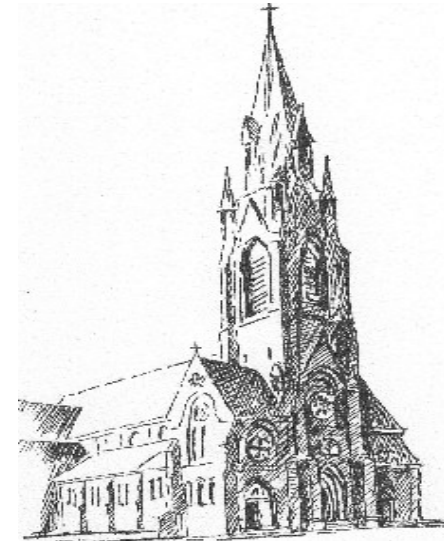
**Volunteer Co-ordinator**  
Delia Medeiros (contact the parish)

**Baptism—Sundays**  
Baptisms will be booked by appointment only

**Marriages**  
Please contact the priest *12 months* in advance

**Confessions**  
Every day *before* Mass, except on Sunday

**School**  
St. Mary Elementary 416-393-5205  
Bishop Macdonell 416-393-5462



588 Adelaide St. W.

Toronto, On. M6J 3P8

Tel: 416-703-2326 Fax: 416-703-4196

Email: [stmaryschurch2@rogers.com](mailto:stmaryschurch2@rogers.com)

Website: [stmarysbathurst.archtoronto.org](http://stmarysbathurst.archtoronto.org)

### OFFICE HOURS

Mon.— Fri. 8:30—12:00 and 1:00—4:00

### Sunday Masses

8:30 am Portuguese

10:00 am Portuguese

11:30 am English

1:00 pm English

### Weekday Masses

Monday—Friday 9:00 am Portuguese

6:00 pm English

Saturday 5:00 pm English



## II Sunday of Easter

April 12, 2026

*First Reading (Acts 2:42-47)* The early Christian community was characterized by worship of God and loving service towards one another.

*Second Reading (1 Pet 1:3-9)* Faith in the resurrection of Jesus is the basis of our hope of eternal life, a hope which enables us to bear patiently the trials of life.

*Gospel (Jn 20:19-31)* When he touched the wounds of the risen Jesus, Thomas' doubt was turned into faith.

In today's Gospel we meet Doubting Thomas. Each of us has something in common with Doubting Thomas, because at times we too are troubled by doubts. Instead of denying our doubts, let us bring them to the Lord.

### That Eastertide With Joy Was Bright

That Eastertide with joy was bright,  
The sun shone out with fair-er light,  
alleluia, alleluia  
When, to their long-ing eyes re-stored,  
The glad apos-tles saw their Lord.

**Alleluia, alleluia,  
alleluia, alleluia, alleluia!**

He showed to them His hands, His side,  
Where yet the glo-ri-ous wounds ab-ide;  
alleluia, alleluia

The to-kens true which made it plain  
Their Lord in-deed was ris-en again.

From every weapon death can wield  
thine own redeemed forever shield:  
alleluia, alleluia!

O Lord of all, with us abide  
in this our joyful Eastertide.



### Give Thanks

Give thanks with a grateful heart,  
Give thanks to the Holy One,  
Give thanks, because He's given  
Jesus Christ, His Son. (2x)

And now, let the weak say, "I am strong"  
Let the poor say, "I am rich"  
Because of what the Lord has done for us. (2x)  
Give thanks.

### Alleluia, Sing to Jesus

Alleluia! Sing to Jesus;  
His the scepter, His the throne.  
Alleluia! His the triumph,  
His the victory alone.  
Hark! The songs of peaceful Zion  
thunder like a mighty flood:  
"Jesus out of every nation  
has redeemed us by His blood."

Alleluia! Not as orphans  
are we left in sorrow now.

Alleluia! He is near us;  
faith believes, nor questions how.  
Tho' the cloud from sight received Him  
when the forty days were o'er,  
shall our hearts forget His promise,  
"I am with you evermore"?

Alleluia! Bread of heaven,  
here on earth our food, our stay.

Alleluia! Here the sinful  
flee to You from day to day.  
Intercessor, Friend of sinners,  
earth's Redeemer, hear our plea  
where the songs of all the sinless  
sweep across the crystal sea.

### Let Heaven Rejoice

Let heaven rejoice and earth be glad;  
Let all creation sing.  
Let children proclaim to every land:  
Hosanna to the King.

Rise in splendor, shake off your sleep;  
Put on your robes of joy.  
And in the morning you shall see  
The glory of the Lord.

### **Mass Intentions For The Week**

#### **Saturday, April 11**

**5:00 pm.** Francelina Reis Silva—Luis Raposo—Rosa Picão—Teresa Fabiola Hernandez

#### **Sunday, April 12**

**8:30am.** Olivia, João & Fernando Machado

**10:00am.** Community—Maria Natália Sebastião—Liliana Correia Vieira—Jaime & Albertina de Sousa—Arlindo da Silva — Ermelinda Arruda — Marilene Fernandes da Costa, souls in purgatory—Luis Botelho, Humberto & Paulo Furtado—Adelino Cordeiro, intention of the Mordomos, for all volunteers living and deceased of the Holy Spirit Fraternity

**11:30am.** José & Angelo Medeiros & in-laws—Manuel & Manny de Melo—Ceasar Barroca—Juliana Quintal

**1:00 pm.**

#### **Monday, April 13**

**9:00 am.** Maria Ana Freitas

**6:00 pm.** Nelson de Melo

#### **Tuesday, April 14**

**9:00 am.** Souls in purgatory, conversion of sinners

**6:00 pm.** Manuel & Maria Couto & family

#### **Wednesday, April 15**

**9:00 am.** José & Maria Rosa Couto, parents, family, souls in purgatory

**6:00 pm.** Gilberto Gouveia

#### **Thursday, April 16**

**9:00 am.** Souls in purgatory

**6:00 pm.** Miguel Medeiros, parents, in-laws, siblings & family

#### **Friday, April 17**

**9:00 am.** Manuel de Amaral Morgado

**6:00 pm.** Francelina Reis Silva

#### **Saturday, April 18**

**5:00 pm.** Mariano Machado & in-laws—Humberta Pacheco & João Correia