

REFLECTION

Healing the wounds of the heart

All of us are wounded by sin.

The part of us which is most deeply damaged by sin is the heart.

The heart is so beautiful, so innocent, but it can be betrayed, scorned, and broken.

Darkness of heart is the blackest night of all.

Emptiness of heart is the greatest poverty of all.

A heavy heart is the most wearisome burden of all.

A broken heart is the most painful wound of all.

Only love can heal the wounds of the heart.



Blessed Sacrament Adoration / Easter

With Easter fast approaching, we will need offerings towards the purchase of flowers to decorate the church for the Blessed Sacrament Adoration and Easter. All contributions are appreciated.

Holy Week Schedule

Blessed Sacrament Adoration

Monday, Tuesday & Wednesday—March 30th-31st & April 1st from 3:00—6:00 p.m.

Holy Thursday

Mass of the Lord's Supper at 8:00 p.m. (English-Portuguese).

Good Friday

Passion of Our Lord at 1:00 p.m. in English and 3:00 p.m. in Portuguese.
Via Sacra at 7:00 p.m.

Holy Saturday

Easter Vigil Mass will be celebrated at 8:00 p.m. (English-Portuguese).

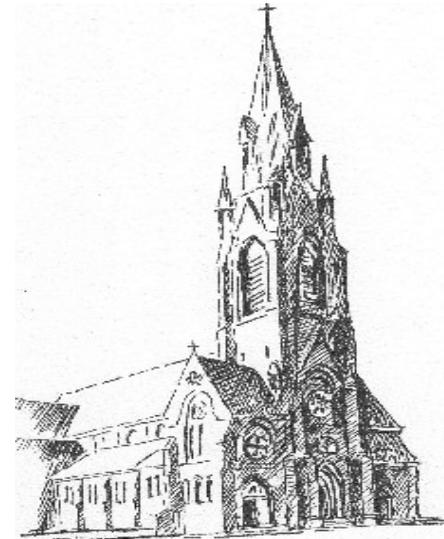
Easter Sunday

Mass schedule is 8:30 am and 10:00 am in Portuguese, 11:30 am and 1:00 p.m. in English.



St. Mary's Church

Rev. Msgr. Fernando Couto (Pastor)
Rev. Fr. Benny Joseph (Associate Pastor)



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OFFICE HOURS

Mon.– Fri. 8:30—12:00 and 1:00—4:00

Sunday Masses

8:30 am Portuguese

10:00 am Portuguese

11:30 am English

1:00 pm English

Weekday Masses

Monday—Friday 9:00 am Portuguese
6:00 pm English

Saturday 5:00 pm English

Parish Council

Parish Finance Council

Adoration of the Blessed Sacrament

First Friday of Every Month at 5:00 p.m.

English Choir

Susan Taylor 416-531-0503

Portuguese Choir

Ana da Silva 905-891-5444

Santo Cristo

Artur Rocha 647-624-7113

Santo Cristo Band (Hall)

Marco Lima (President) 416-703-2231
416-818-5462

Santo Cristo Association

Please contact the parish 416-703-2326

Espirito Santo

Kevin & Christina Cordeiro 647-218-1601

Saint Vincent De Paul

416-247-8868

Volunteer Co-ordinator

Delia Medeiros (contact the parish)

Baptism—Sundays

Baptisms will be booked by appointment only

Marriages

Please contact the priest *12 months* in advance

Confessions

Every day *before* Mass, except on Sunday

School

St. Mary Elementary 416-393-5205
Bishop Macdonell 416-393-5462



V Sunday of Lent

March 22, 2026

First Reading (Ezek 37:12-14) The exile of the people to Babylon is described in terms of death. And their return home is described in terms of resurrection and spiritual renewal.

Psalm: *With the Lord there is steadfast love and great power to redeem.*

Second Reading (Rom 8:8-11) It was the Spirit who raised Jesus from the dead. Now this same Spirit lives in us.

Gospel (Jn 11:1-45) By raising Lazarus from the dead, Jesus shows that he is Lord of life and death. Jesus is the source of life, not just physical life, but the undying life of God. This new life is not a mere future hope but a present reality which physical death, despite appearances, does not negate. The key phrase in the story is: 'I am the resurrection and the life.' The delay in coming to Martha and Mary, and the fact that Lazarus has been dead for four days, serve to underline the point the evangelist is making, namely, that Jesus is the Master of life and death.

ShareLife

Today we will have our first ShareLife collection for this year.

We thank you in advance for your generous donations. May God Bless

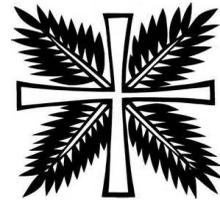


From the Depths of Sin and Sadness

From the depths of sin and sadness,
I have called unto the Lord.
Be not deaf to my poor pleading,
in your mercy, hear my voice.
Be not deaf to my poor pleading,
in your mercy, hear my voice.

If you, Lord, record our sinning,
who could then before you stand?
But with you there is forgiveness,
you shall ever be revered.
But with you there is forgiveness,
you shall ever be revered.

For the Lord my heart is waiting,
for God's word I hope and wait.
More than watchers wait for sunrise,
I am waiting for the Lord.
More than watchers wait for sunrise,
I am waiting for the Lord.



Song of the Cross

**Love, lifted on the cross for me
My Lord, my God, my salvation.
Love, lifted high to set me free,
My Lord, my God, my Salvation.**

Behold the wood of the cross,
Behold the Lamb that was slain;
Behold your King comes victorious,
Behold, He is risen again!

I am the Bread of Life

I am the Bread of life.
You who come to me shall not hunger;
and who believe in me shall not thirst.
No one can come to me
unless the Father beckons.

**And I will raise you up,
and I will raise you up,
and I will raise you up on the last day.**

The bread that I will give
is my flesh for the life of the world,
and if you eat of this bread,
you shall live forever, you shall live forever.

I am the Resurrection, I am the life.
If you believe in me, even though you die,
you shall live forever.

Yes, Lord, we believe
that you are the Christ, the Son of God,
who has come into the world.

Glory and Praise to Our God

**Glory and praise to our God
Who alone gives light to our days
Many are the blessings He bears
To those who trust in His ways.**

We the daughters and sons of Him
Who built the valleys and plains
Praise the wonders our God has done

In every heart that sings
In His wisdom He strengthens us
Like gold that's tested in fire
Though the power of sin prevails
Our God is there to save.

Mass Intentions For The Week

Saturday, March 21st

5:00 pm. Mariano Machado & in-laws—Jesus Christ Vicar on earth, intention of Iliohan family — Artur, Maria & Luisa Cabral—Angelo Aguiar—João Luis de Faria—Olivia Marella

Sunday, March 22nd

8:30 am. Parents & in-laws of José & Margarida Silva, souls in purgatory

10:00 am. Community—Maria de Fátima Tavares Melo—Teófilo Ponte—Abel Ferreira, parents, in-laws & family—Elsa & Manuel de Melo—João & Angelina Rodrigues—José Ribeiro & family

11:30 am. Arlindo, Ilda & Richard Vicente

1:00 pm.

Monday, March 23rd

9:00 am. Francelina Reis Silva

6:00 pm. Marilene Fernandes de Castro

Tuesday, March 24th

9:00 am. Rosária Ferreira

6:00 pm. Intention of Nesochi Chuba

Wednesday, March 25th

9:00 am. Nancy, Ricardo & Horácio Costa, souls in purgatory

6:00 pm. António & Maria José Medeiros & family

Thursday, March 26th

9:00 pm. Silvino Medeiros

6:00 pm. Deodato & Leontina Medeiros, parents & in-laws

Friday, March 27th

9:00 am. Intention of Victoria Melo

6:00 pm. Luciano & Rosa Borges, parents, siblings, souls in purgatory

Saturday, March 28th

5:00 pm. Manuel & António Faria — Manuel Pereira Rodrigues Coelho—Anna Mondello Pimentel—Roque Ypangco