

The Eucharist

Eucharist means thanksgiving, and is rooted in an earlier Jewish ritual where the term described the practice of giving thanks during a meal for God's creation, redemption and sanctification.

The Eucharist reaches back through the ages to the Last Supper, connecting today's Catholics to the ritual Passover meal when Jesus first blessed bread and wine and instructed his followers to do as he did (in memory of me).

To this day, the priest speaks the words of consecration over the bread and wine, transforming it into the body and blood of Christ. This ritual is called "transubstantiation" indicating that the elements of the sacrament, bread and wine, are substantively changed. (By the way, Catholics use real wine, rather than grape juice customary in most Protestant churches).

From around the year 1000 A.D. to the Second Vatican Council, no one but the priest was allowed to touch the consecrated host, since it was considered too holy to be touched by the laity; the priest placed it on the tongue of the person receiving it.

Today, Extraordinary Ministers of the Eucharist assist in the distribution of the Holy Communion and people are allowed to take the host in their hands and place it in their mouths themselves. The important thing to remember is not so much how we take Holy Communion but why.

As Catholics, we are encouraged to receive Communion every time we attend Mass, but we must receive it "at least once a year".

Communion is reserved for all who are in full relationship with the Catholic Church, including Orthodox Christians.

By receiving Communion we become one with Christ. We are spiritually nourished by the bread of life. After communion, we cannot go our own separate ways, ignoring one another, or even turning against one another. We cannot be truly in union with Christ without being in communion with one another.

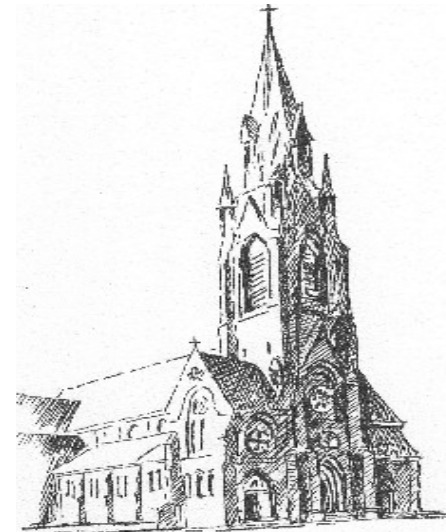


hostia.org

St. Mary's Church

Rev. Msgr. Fernando Couto (Pastor)

Rev. Fr. Andre de Lima (Associate Pastor)



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OFFICE HOURS

Mon.– Fri. 8:30—12:00 and 1:00—4:00

Sunday Masses

8:30 am Portuguese

10:00 am Portuguese

11:30 am English

1:00 pm English

Weekday Masses

Monday—Friday 9:00 am Portuguese

6:00 pm English

Saturday 5:00 pm English

Parish Council

Parish Finance Council

English Choir

Susan Taylor 416-531-0503

Portuguese Choir

Ana da Silva 905-891-5444

Santo Cristo

Artur Rocha 647-624-7113

Santo Cristo Band (Hall)

Paul Valerio (President) 416-703-2231
647-998-5916

Santo Cristo Association

Contact the Parish 416-703-2326

Espirito Santo

João & Lilia Tavares 905-558-0244

St. Vincent de Paul

416-247-8868

Volunteer Co-Ordinator

Delia Medeiros (Please contact parish)

Baptism—Sundays

Baptisms will be booked by appointment only

Marriages

Please contact the priest **12 months** in advance

Confessions

Every day **before** Mass, except on Sunday

Schools

St. Mary Elementary 416-393-5205

Bishop Macdonell 416-393-5462

ShareLife

Next weekend, we will have our third and last ShareLife collection for this year. We thank you in advance for your generosity.

Fr. Andre de Lima

Our Archbishop, Most Rev. Francis Leo, has appointed Fr. Andre de Lima to be the new pastor of St. Agnes and St. Cruz churches. The move will be effective as of June 26th. Fr. Andre will be truly missed. May God bless him on his new pastoral assignment.

Fr. Benny Joseph will be our new associate pastor.

Parish Council

On Thursday, June 13, we will have a meeting of our Parish Council, at 7:00 p.m. in the parish hall.



The Most Holy Body and Blood of Christ

June 2, 2024

First Reading (Ex 24:3-8) This reading describes the solemn ratification by Moses and the people of the covenant God made with them on Mount Sinai. The covenant was sealed with the blood of animals. Blood is a symbol of life which belongs exclusively to God. The sprinkling of the people with blood symbolizes the fact that God is sharing his life with them.

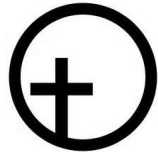
Psalm: I will lift up the cup of salvation, and call on the name of the Lord.

Gospel (Mk 14:12-16.22-26) This describes the preparation and the celebration of the Passover meal Jesus ate with his disciples the night before he died. Jesus established a new covenant. Like the old covenant, it too was sealed with blood, except now it is not the blood of animals but his own blood. A new rite (the Eucharist) was instituted which would be a perpetual reminder of the intimate bond that now exists between God and his people. In the Eucharist Jesus shares his life with us.

One Bread, One Body

**One bread, one body,
one Lord of all,
one cup of blessing which we bless.
And we, though many,
throughout the earth,
we are one body in this one Lord.**

Grain for the fields,
scattered and grown,
gathered to one, for all.



Alleluia Sing to Jesus

Alleluia! Sing to Jesus!
His the scepter, his the throne;
Alleluia! His the triumph,
his the victory alone.
Hark! The songs of peaceful Zion
thunder like a mighty flood.
Jesus, out of every nation,
has redeemed us by his blood.

Alleluia! Bread of Angels,
Here on earth our food, our stay!
Alleluia! here the sinful
Flee to you from day to day:
Intercessor, friend of sinners,
Earth's redeemer, plead for me,
Where the songs of all the sinless
Sweep across the crystal sea.

I Am the Bread of Life

'I am the Bread of life.
You who come to me shall not hunger;
and who believe in me shall not thirst.

No one can come to me
unless the Father draws them.

**'And I will raise them up,
and I will raise them up,
and I will raise them up
on the last day.'**

'The bread that I will give
is my flesh for the life of the world,
and those who eat this bread
they shall live for ever,
they shall live for ever.

Blest Are They

Blest are they, the poor in spirit
Theirs is the kingdom of God
Blest are they, full of sorrow
They shall be consoled

**Rejoice, and be glad!
Blessed are you, holy are you!
Rejoice and be glad!
Yours is the kingdom of God!**

Blest are they, the lowly ones
They shall inherit the earth
Blest are they, who hunger and thirst
They shall have their fill

Mass Intentions for this Week



Saturday, June 1st

5:00 pm. António João Medeiros—João da Silva Loureiro & deceased family members — Margarida Fernandes & deceased family members

Sunday, June 2nd

8:30 am. João Guilherme & Maria Helena Almeida de Sousa, Francisco de Sousa Filipe & Maria Idalina do Carmi Soares de Almeida

10:00am. Community—Henrique Sebastião—José Luis & Maria Teresa Branco—António Dantas

11:30 am. Stjepan Cicvaric—Luis Alfonso Burgos

1:00 pm. Edgar Marin & Alfredo Castro

Monday, June 3rd

9:00 am. António Filipe, spouse & children

6:00 pm. Tomas Yntig

Tuesday, June 4th

9:00 am. Mario Gomes Ferreira, family intentions, for the youth

6:00 pm. In Honour of God the Father Almighty

Wednesday, June 5th

9:00 am. Manuel de Amorim

6:00 pm. Intention of Maria, Andy, Fátima & Elaina Medeiros

Thursday, June 6th

9:00 am. Rosária Marcia Tapias Mello

6:00 pm. Tomas & Maria Oliveira

Friday, June 7th

9:00 am. Ermelinda Arruda

6:00 pm. Luis Augusto Ribeiro Raposo

Saturday, June 8th

5:00 pm. Souls in Purgatory